

G'day to all Cairns Hashers and visiting Hashers

In this time of social distancing and the threat of Covid-19 we have to keep some form of Hash normality.

So..... with the government instructions on social interactions in mind we must keep the hash going. We have over 42 years of hashing in Cairns; during cyclones, pilot's strikes, GFC, illness, wedding, deaths.

We suggest that when we continue to meet over the next couple of months on Monday nights we will need to change a couple of things. Like no communal drinking mugs so drink out of your own stubbie/cans, remember to bring your own plate & cutlery and maintain good hygiene practices at all times. To keep our numbers to below 100 at each run, we may have to have two runs each week to comply. Having a swim on the hare's pool is also a great way to wash away the germs – so many chemicals that nothing will survive.

We also suggest that if you have underlying medical issues or are in a group identified by Health Authorities as susceptible, you participate in your own virtual Hash run each week.

With very little modification we can keep the hash going because we all need a little humour, social mingling and exercise to keep us sane for the next couple of months

Keep well and On On till next Monday Night